

Smoke-free and tobacco-free places save lives.

North Carolina has enjoyed smoke-free restaurants and bars for ten years but we need tobacco-free places that include e-cigarettes.

Tobacco-Free Places

E-cigarettes are not included in NC's smoke-free policies.

We know smoke-free places make a difference.

- Secondhand smoke kills over **38,000** Americans each year.
- Secondhand smoke causes lung cancer and coronary heart disease in adults who **do not** smoke.
- Children exposed to secondhand smoke are at an increased risk for sudden infant death syndrome (SIDS), acute respiratory infections, ear problems, severe asthma, and reduced lung function.
- There is **no safe level** of exposure.

But we need to protect North Carolinians from exposure to all forms of tobacco, including vapor products, and those are not included in our existing smoke-free laws.

- The vapor from e-cigarettes is not harmless water vapor.
- It is made up of many chemicals that are known to be harmful to health.

NC needs tobacco-free spaces.