

## **Know the Risks: A Youth Guide to E-cigarettes**

### INFORMATION FOR USERS

**Purpose:** CDC’s Office on Smoking and Health (OSH) developed a presentation called, “Know the Risks: A Youth Guide to E-cigarettes,” to educate youth on e-cigarettes, including the health risks, the factors that lead to e-cigarette use, and what youth can do to avoid all tobacco products, including e-cigarettes.

**URL:** The presentation is available on OSH’s [website](#).

**Length:** The presentation will take approximately 45 minutes to deliver.

**Target Age Group:** Youth ages 11-18

**Intended Presenter(s):** The presentation is intended to be delivered by adults who educate or serve youth ages 11-18. This could include teachers, coaches, Parent Teacher Associations, youth ministry leaders, etc.

**Format:** The presentation includes the entire script so the presenter does not need additional information to deliver the presentation. If you have props available to make it hands-on and interactive, consider the following:

- An e-cigarette such as a rechargeable e-cigarette, large tank device, medium tank device, or a disposable e-cigarette
- Fake Brain
- E-cigarette refillable liquid

#### **Qs & As:**

##### **Can I modify these slides?**

No. The content contained within individual slides should not be modified.

##### **Can I add or delete slides?**

Yes. However, CDC is neither responsible for, nor does it endorse, any added slides.

##### **Do I need to be an expert on e-cigarettes to deliver the presentation?**

No, the presentation was developed so that any adult who educates or serves youth ages 11-18 can deliver the presentation without prior knowledge of e-cigarettes. Since you are serving youth directly, CDC OSH has provided you the content you need to educate youth on the risks of e-cigarettes.

##### **Where can I find more information on e-cigarettes and youth?**

- [Quick Facts on the risks of e-cigarettes for kids teens, and young adults](#)
- [Know the Risks](#)
- [Teen.smokefree.gov](http://Teen.smokefree.gov)

##### **Does CDC have a presentation on e-cigarettes for adults?**

CDC OSH is working on a companion presentation on e-cigarettes that is intended for presentation to adults. Currently, we have information about e-cigarettes on our [website](#).

##### **Do I need to have internet access to deliver the presentation?**

You can download the presentation and save it on your computer from CDC OSH’s [website](#).

**Know the Risks: A Youth Guide to E-cigarettes**  
INFORMATION FOR USERS

There is a link to a 30-second video developed by FDA's The Real Cost Youth E-cigarette prevention campaign on slide 21. It is optional to show this video depending on whether you have internet access. YouTube Video Link: <https://www.youtube.com/watch?v=zYuyS1Oq8gY>

**Who can I contact at CDC if I have any questions about the presentation?**

Please email the OSH Speakers Bureau at: [oshspeakersbureau@cdc.gov](mailto:oshspeakersbureau@cdc.gov) if you have any questions. This email inbox is monitored regularly.