




RACE TO QUIT, NC!

#RacetoquitNC

More North Carolinians are quitting smoking every year!* — You can too!

NORTH CAROLINA QUIT WEEK

October 5 - 9, 2015

 Talk to your doctor or healthcare provider today for smoking cessation options that may be right for you

 View the event calendar, partners, and resources for Quit Week at www.ncallianceforhealth.org/race-to-quit-nc

Find helpful resources at www.QuittersCircle.com and download the Quitters Circle app from the App Store or Google Play

Use **#RacetoquitNC** to share your quit story on Twitter, Instagram, and Facebook, and find more information about cessation week events

 Call QuitlineNC at **1-800-QUIT-NOW** for access to **FREE** resources†



*CDC STATE System Trend Report 2011-2013.

†Pfizer does not own or operate www.ncallianceforhealth.org or QuitlineNC and is not responsible for the information provided. Trademarks are the property of their respective owners.

Reference: 1. Centers for Disease Control and Prevention. Smoking & tobacco use. State tobacco activities tracking and evaluation (STATE) system. Highlights report. North Carolina. http://nccd.cdc.gov/STATE/System/rdPage.aspx?rdReport=OSH_STATE.Highlights&rdRequestForwarding=Form. Accessed June 26, 2015.