FOOD INSECURITY IN NC

More than 2 million people in our state, including 435,227 children under the age of 15, are food insecure and can't easily access healthy food. Residents in these areas suffer from high rates of diet-related diseases, such as obesity, type 2 diabetes, heart disease, some kinds of cancer, and other chronic conditions.

Research shows that those who live closer to healthy food retail have a lower risk of chronic disease – but many North Carolinians have trouble accessing and affording these healthy options.

HEALTHY FOOD SMALL RETAILER PROGRAM (HFSRP)

The HFSRP is housed in the NC Department of Agriculture and Consumer Services. The Initiative taps into a community's existing retail footprint to make healthier options more accessible. The HFSRP assesses communities for healthy foods, engages interested small retail store owners, and then provides equipment to stock and sell healthy options.

In 2016, the NC General Assembly appropriated $250,000 to pilot the HFSRP. The pilot focused on Eastern NC.

In 2017, the NC General Assembly appropriated an additional $250,000 to expand the program to the entire state.

NORTH CAROLINA ALLIANCE FOR HEALTH

3131 RDU Center Dr, Ste 100, Morrisville, NC 27560 919.463.8329 admin@ncallianceforhealth.org

For more information visit www.ncallianceforhealth.org/healthy-food-access