

REFERENCES for ESMM Policy Platform

1. ***Expand the availability of farmers markets and farm stands at worksites and faith-based organizations***

1. Community Guide to Preventive Services: “Worksite Programs to Control Overweight and Obesity.” <http://www.thecommunityguide.org/obesity/workprograms.html>
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3. Center of Excellence for Training and Research Translation Obesity Prevention Program: “Intervention Strategies.” <http://www.center-trt.org/index.cfm?fa=op.overview>

2. ***Create an interagency NC local food policy council***

4. Center for Excellence for Training and Research Translation Obesity Prevention Program, “Increasing Access to Healthy Foods.” <http://www.center-trt.org/index.cfm?fa=opstrategies.eating&page=access>
5. Institute of Medicine, “The Public Health Effects of Food Deserts: Workshop Summary,” 2009. http://books.nap.edu/openbook.php?record_id=12623&page=R1
6. Position Paper of the American Dietetic Association, “Food and Nutrition Professionals Can Implement Practices to Conserve Natural Resources and Support Ecological Sustainability.” http://www.eatright.org/cps/rde/xchg/ada/hs.xsl/advocacy_adar2_1001_ENU_HTML.htm

3. ***Implement child nutrition standards in all elementary schools and test strategies to deliver healthy meals in middle and high schools***

7. Position papers of the American Dietetic Association: “Individual-, Family-, School-, and Community-Based Interventions for Pediatric Overweight” <http://www.eatright.org/ada/files/Familynp.pdf> and “Nutrition Services: An Essential Component of Comprehensive School Health Programs—Joint Position of ADA, Society for Nutrition Education and American School Food Service Association.” http://www.eatright.org/cps/rde/xchg/ada/hs.xsl/advocacy_1729_ENU_HTML.htm
8. Expert Committee Recommendations Regarding the Prevention, Assessment, and Treatment of Child and Adolescent Overweight and Obesity: Summary Report. http://www.ama-assn.org/ama1/pub/upload/mm/433/ped_obesity_recs.pdf

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10. Centers for Disease Control and Prevention, Healthy Youth. Make a Difference: 10 Key Strategies to Prevent Obesity.<http://www.cdc.gov/healthyYouth/keystrategies/index.htm>.
11. Position Paper of the American Dietetic Association: “Local Support for Nutrition Integrity in Schools.”
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12. Centers for Disease Control, “The Role of Schools in Preventing Childhood Obesity.”
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4. *Ensure that all foods and beverages available in schools are healthy*

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14. Office of the Surgeon General, Childhood Obesity Prevention. “Schools and Teachers Checklist.”
<http://www.surgeongeneral.gov/obesityprevention/pledges/schools.html#choice>
15. Position Paper of the American Dietetic Association: “Local Support for Nutrition Integrity in Schools.”
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See also ADA Position Paper “Nutrition Services: An Essential Component of Comprehensive School Health Programs—Joint Position of ADA, Society for Nutrition Education and American School Food Service Association.”
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18. Keystone Center, “Keystone Forum on Away From Home Foods: Opportunities for Preventing Weight Gain and Obesity.”
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5. *Promote menu labeling to make nutrition information available to consumers*

19. Keystone Center, “Keystone Forum on Away From Home Foods: Opportunities for Preventing Weight Gain and Obesity.”
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6. Increase the availability of obesity screening and counseling and require state health plan’s coverage of medical nutrition therapy

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8. Implement quality physical education and Healthful Living in schools

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<http://www.aahperd.org/Naspe/template.cfm?template=qualityPePrograms.html>

9. *Develop or identify honors-level course in health and/or physical education that can be offered at high school level*

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10. *Expand existing community grants program to promote physical activity*

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11. *Build active living communities*

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12. *Establish joint-use agreements to expand use of school and community recreational facilities*

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13. *Implement the Eat Smart, Move More plan in local communities to comprehensively expand obesity prevention*

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14. *Develop an interagency plan to promote active, livable and green communities*

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15. *Promote healthy workplace initiatives in state agency workplaces*

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52. Centers for Disease Control and Prevention, Healthy Youth. Make a Difference: 10 Key Strategies to Prevent Obesity.
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16. *Implement evidence-based curricula for Healthful Living standard course of study*

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17. *Establish a full time Healthful Living Coordinator in each local education agency*

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20. *Expansion of the Childhood Obesity Prevention Initiative*

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